



THE LASIK PROCEDURE

Some things to know...

- ✓ Wear comfortable, warm clothing
- ✓ No make-up
- ✓ Avoid Caffeine
- ✓ Make sure you have a driver to take you home

What to expect on the day of surgery

- Check in at the front desk.
- A surgical technician will perform final testing and go over post-op instructions.
- You will be given a surgical kit to take home that includes post-operative instructions, protective eye wear, and necessary medications (not included: post operative drops).
- Oral medication, typically Xanax, for minimal sedation will be given prior to surgery.
- Local anesthetic drops will be administered before, as well as during the surgery.
- Total time spent at the surgery center should be less than 3 hours.

Your surgeon will talk you through each step of the procedure

Step 1 – The Femto laser will create the flap.

Step 2 – Dr. Tran will lift the flap.

Step 3 – Dr. Tran will immediately perform the Laser Vision Correction. The laser will make a buzzing sound and you may smell a gas by product from the laser, but you will not feel or see the laser light.

Step 4 – Dr. Tran will place the flap back down.

Step 5 – Dr. Tran will examine the flap at a slit lamp before you are discharged.

Step 6 – Clear goggles will be given to you in your surgical kit and should remain on until your 1 day post-op exam.

What to expect after surgery

- You may experience irritation, light sensitivity, watery eyes, runny nose, foreign body sensation and redness for the first few days following surgery.
- Keep your eyes closed as much as possible on the day of surgery. This will help minimize any discomfort you may experience and optimize your visual outcome.
- DO NOT RUB YOUR EYES as this may dislodge your flap.
- You will be given medication to help you sleep after surgery. You may also take over the counter pain medications to alleviate any of the symptoms listed above.
- You may have redness/red spots in the whites of your eyes after surgery. This has no effect on your vision or healing time and should be resolved in about 1-2 weeks.

Visual Outcomes

Your vision will be relatively clear the first day following the surgery but will continue to improve over the next few weeks. Complete recovery of vision and stability typically occurs after 3 months, but may be longer for patients with higher levels of refractive error. Everyone heals at his/her own rate, the final visual outcome may be achieved sooner for some than others. Night time glare, halos, and starbursts are common in the first few weeks following surgery. The other most common side effect is dryness, which can make your eyes feel irritated (foreign body sensation) and tired. Advances in LASIK technology help to quickly diminish these effects but they may not be completely resolved especially in patients with severe myopia.