



REFRACTIVE PRE-OPERATIVE CHECKLIST

- Prior to your procedure, pre-operative measurements (dilated exam) need to be completed within 45 days of surgery with your eye doctor.

If you wear Contact Lenses:

- Discontinue contact lenses _____ days/weeks prior to pre-op.
- Discontinue contact lenses _____ days/weeks prior to surgery.
- Other _____

-  Start ProOmega® 1 WEEK BEFORE your procedure. Take 2 soft gels per day with food.
Start on _____ *over the counter

-  Start Preservative-free Lubricant Eye Drops, 1 drop in each eye 4x per day.
Start on _____ *over the counter

Note: Allow at least 1-2 minutes between all drops.

- On the day of surgery, there is no need to put any drops in your eye(s).
- On the day of surgery, eat as normal, but avoid caffeine products.
- NO Make-up, Cologne or Perfume. Wear comfortable clothing.**
- Arrive on _____ at _____. Plan to be at the center for **2 to 3 hours.**
- You will need someone to drive you home after surgery.
- Please make sure to bring in all of your paper work with you.